

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| No School ² Chicken Patty or BYO Hamburger on WG Bun ³ French Fries, Corn Box: Tuna Sandwich on WW | Beef Hot Dog on WG Bun or Pepperoni Flat Bread ⁴ Green Beans, Cookie Box: Tuna Sandwich on WW | Teriyaki Chicken w/Brown Rice & Vegetables -Sc or Yogurt Parfait & WG Uncrustable ⁵ Box: Tuna Sandwich on WW | WG Pancakes, Cheese Omelet, Potato Rounds, and OJ or WG Cheese Quesadilla w/Chips & Salsa ⁶ No Box | |
| Beef Tacos or Chicken & Mashed Potato Quesadillas - Sc ⁹ Churros, Fiesta Brown Rice Box: WW Turkey Sandwich | Hot Ham & Cheese on WW or Chicken Tenders ¹⁰ Roasted Potatoes Box: WW Turkey Sandwich | Chicken Alfredo Pasta -Sc or BYO Chef Salad ¹¹ Breadstick, Cooked Broccoli Box: WW Turkey Sandwich | Sloppy Joes – Sc on WG Bun or Chicken Nuggets ¹² Mashed Potatoes, Corn Box: WW Turkey Sandwich | Mac & Cheese (Red. Fat) or WG Cheese Pizza ¹³ Salad Bar, Green Beans No Box |
| No School ¹⁶ | BYO Beef Nachos - Sc or Rib-B-Q Sandwich on WG Bun ¹⁷ Green Beans, Rice Medley Box: WW Salami & Cheese | Beef Chili – Sc or Chicken Caesar Salad ¹⁸ Cinnamon Roll Box: WW Salami & Cheese | Sweet & Sour Chicken w/Brown Rice - Sc or Hip Dipper w/Roasted Potatoes ¹⁹ Box: WW Salami & Cheese | WW Grilled Cheese & Tomato Soup or Mozz Sticks w/Marinara Sauce ²⁰ Corn No Box |
| No School ²³ | Popcorn Chicken or WW Grilled Turkey & Cheese ²⁴ Green Beans, Smile Fries Box: WG Uncrustable with Cheese Stick | Stuffed Crust Cheese Pizza or BYO Burrito Bar ²⁵ Rice Medley Box: WG Uncrustable with Cheese Stick | Baked Potato Bar or Chicken Noodle Soup – Sc ²⁶ WW Dinner Rolls Box: WG Uncrustable with Cheese Stick | Fish Sandwich on WG Bun or Cheese Bread w/Marinara Sauce ²⁷ Corn, Rice Crispy Bar No Box |
| BYO Crispy Chicken Wrap or Chicken Burger on WG Bun ³⁰ Baked Beans Box: Turkey & Cheese Wrap | Pasta w/Meat Sauce – Sc or Big Daddy's Pizza ³¹ Bread Stick, Corn Box: Turkey & Cheese Wrap | <p>Available at Every Meal:</p> <ul style="list-style-type: none"> • Whole Grain Bread • Lettuce Salad & Fresh Vegetables • Fresh and/or Canned Fruits | | <p>Key:</p> <p>Sc – Scratch Cooking</p> <p>WG/WW – Whole Grain/Whole Wheat</p> <p>BYO – Build Your Own</p> <p>All Wraps are Whole Wheat</p> |

NUTRITION TIP: Stay Active

MyPlate recommends making physical activity a regular part of the day

- At Home
- At Work
- At Play



- Milk Choices Included With Meal: Skim, 1%, and Skim Chocolate; Lactose Free Available Upon Written Request
- Lunch Prices are: \$2.75 K-8, \$3.75 Adult Guest, \$3.00 Child Guest, \$.45 Additional and A La Carte Milk
- Menu Subject To Change